



KINDREDMOM.COM

BOREDOM BUSTERS

35 ACTIVITIES TO DO WITH LITTLE ONES AT HOME

Kindred Mom is a gracious online community dedicated to helping moms flourish in motherhood.

We believe motherhood is a sacred and beautiful journey of discovery and we are committed to holding space for moms who are looking for connection, guidance, encouragement, and truth.

Kindred Mom is comprised of a collaborative blog and podcast, featuring authentic mothering experiences from a variety of women. We seek to provide encouragement and resources to help moms feel less alone in their struggle to nurture themselves and their families. Whether you are a new mom, an experienced mom, an adoptive mom, a step-mom, or any other kind of mom, we welcome you here and invite you to participate in this supportive community.

Connect with on Facebook and Instagram.

If you'd like to receive short and sweet weekly email digest of all the things we share on the Kindred Mom blog and podcast, subscribe to our newsletter!

The following collection of ideas was specifically curated with summer days in mind, but you may find some activities are great for year-round fun with your little ones! If you try something here, we'd love for you to snap a photo and share it on Instagram. Use the #kindredmom hashtag so we can see all the fun you're having! We just might feature your photo on our feed!

IDEA	LINK
watercolor ice painting	https://teaching2and3yearolds.com/ice-painting-for-kids/
make play-doh	https://theimaginationtree.com/best-ever-no-cook-play-dough-recipe/
make a nature collage	https://crayonswandsandbuildingblocks.wordpress.com/2012/10/08/more-than-a-collage/
have a dance party	https://open.spotify.com/user/lindseycornett/playlist/6Pb3uWilbRdBObVU9a0izn?si=0Vmb1AGQRnSdkB5qSznD-A
write a letter	https://www.teacherspayteachers.com/Product/Letter-Writing-Paper-Friendly-Letter-596390
use painters tape and yarn down the hallway to make an obstacle course	http://realdanagency.blogspot.com/search?updated-max=2012-02-02T13:19:00-08:00&max-results=7&start=24&by-date=false
make sock puppets with mismatched socks	https://snotty-noses.com/blog/easy-peasy-sock-puppets#_a5y_p=3804610
do "color sorting" using a muffin tin + fruit loops, M&Ms, jelly beans, etc.	https://modernpreschool.com/activity-muffin-tin-color-sorting/
set up a car wash with buckets, sponges/rags, and toy cars	https://www.pinterest.com/pin/815573813739427058/
build a fort	https://momluck.com/make-blanket-fort/
choose a theme (animals, food, nature, etc.) and make a collage from old magazines	https://www.pinterest.com/pin/511510470151953606/
hide something and draw a treasure map to find it	http://www.imom.com/10-treasure-hunt-clues-for-around-the-house/
make toilet paper roll stamps	https://www.pinterest.com/search/pins/?q=toilet%20paper%20roll%20stamps&rs=typed&term_meta[]=toilet%7Ctyped&term_meta[]=paper%7Ctyped&term_meta[]=roll%7Ctyped&term_meta[]=stamps%7Ctyped
read books	http://www.ala.org/alsc/publications-resources/book-lists/2017-summer-reading-list
Mad Libs	https://www.woojr.com/summer-mad-lib/
play "I Spy"	http://www.u-createcrafts.com/i-spy-games/
make cookies deliver them to a neighbor	http://sugarapron.com/2016/07/30/no-bake-chocolate-oatmeal-cookies/

wash the family car in swim suits	https://www.amazon.com/GBSTORE-Assorted-Cleaning-Polishing-Wear-resistant/dp/B01GZU4MNO/ref=sr_1_4?ie=UTF8&qid=1527208686&sr=8-4&keywords=car+wash+sponges
paint rocks and hide them in the neighborhood	https://www.pinterest.com/search/pins/?rs=ac&len=2&q=paint%20rocks%20ideas%20for%20kids&eq=paint%20rocks&etslf=3719&term_meta[]=paint%20rocks%20ideas%20for%20kids%7Cautocomplete%7Cundefined
look for shapes in the clouds	https://www.teacherspayteachers.com/Product/Cloud-Hunt-Bingo-FREEBIE-Perfect-Garden-Club-activity-664830
draw blind contour self portraits	https://www.artbarblog.com/blind-contour-drawings-kids/
write acrostic poems with kids' names	https://www.google.com/search?q=kids+name+acrostic+poems&source=lnms&tbm=isch&sa=X&ved=0ahUKewj44uaJOZ_bAhUJHqwKHdpZAGAQ_AUICigB&biw=1357&bih=644
hoola-hoop (or balancing) contest	https://www.amazon.com/Classic-Hula-Hoop-Set-3/dp/B0052NQWFM/ref=sr_1_7?ie=UTF8&qid=1527209085&sr=8-7&keywords=hula+hoop+for+kids
move like an animal	https://www.pinterest.com/pin/210754457547609305/
3D salt art	http://athriftymom.com/3d-salt-painting-easy-crafts-for-kids/
baby wipe tie dye	https://www.icanteachmychild.com/easy-tie-dye-art-with-baby-wipes/
have a soap party (aka kids clean the floors)	https://gwens-nest.com/mopping-mania/
draw pictures	https://www.youtube.com/user/ArtforKidsHub
make a birdfeeder	https://thedecoratedcookie.com/2013/05/easy-cheerios-birdfeeders-with-printable-instructions/
build lego or block creations	http://www.freehomeschooldeals.com/free-lego-challenge-printable-stem-activities/
go on a summer photo hunt	https://www.moritzfinedesigns.com/summer-photo-scamenger-hunt/
make fruit faces for snack	https://www.ehow.com/how_12343888_animalshaped-fruit-snacks-ideas.html
make popsicles	http://naptimekitchen.com/summertime-popsicle-ideas/
donate some old toys	https://www.fingerpuppetpress.com/five-strategies-to-help-your-kids-declutter/
do a leaf-rub	http://mamapapabubba.com/2014/09/29/leaf-rubbing-collages/#_a5y_p=2704684