



SUMMERTIME
BOREDOM BUSTERS

KindredMom.com

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> **LIST OF IDEAS TO BUST KIDS' SUMMERTIME BOREDOM** *(With links!)* - p. 3-4

Feel free to reference this list and find some activities that are age appropriate and fun for your own kids! We've included links to help you figure out how to accomplish the activity, but most are very easy and self-explanatory!

> **CALENDAR-STYLE PRESENTATION OF ACTIVITIES** *(Filled in)* - p. 5

This is a simple visual way to plan out activities for the long and unstructured summer days. You can fill in the circles with the dates of the given month, or simply use them to check-mark when your kids have done a particular activity!

**Alternative use 1: Cut out the squares for each activity and paste them in your own preferred order onto the blank calendar*

** Alternative use 2: Cut out the squares for each activity and add them to a mason jar or bowl for kids to randomly draw out one each day*

> **CALENDAR-STYLE PRESENTATION OF ACTIVITIES** *(Blank)* - p. 6

This blank template allows you to fill in the squares however seems best to you. You can draw from the ideas presented in this resource and add your own! We suggest adding some park dates and around-your-hometown activities interspersed with these inexpensive at-home options we've listed.

> **LEARN MORE ABOUT THE KINDRED MOM COMMUNITY** - p. 7

IDEA	LINK
watercolor ice painting	https://teaching2and3yearolds.com/ice-painting-for-kids/
make play-doh	https://theimaginationtree.com/best-ever-no-cook-play-dough-recipe/
make a nature collage	https://crayonswandsandbuildingblocks.wordpress.com/2012/10/08/more-than-a-collage/
have a dance party	https://open.spotify.com/user/lindseycornett/playlist/6Pb3uWilbRdBObVU9a0izn?si=0Vmb1AGQRnSdkB5qSznD-A
write a letter	https://www.teacherspayteachers.com/Product/Letter-Writing-Paper-Friendly-Letter-596390
use painters tape and yarn down the hallway to make an obstacle course	http://realdanagency.blogspot.com/search?updated-max=2012-02-02T13:19:00-08:00&max-results=7&start=24&by-date=false
make sock puppets with mismatched socks	https://snotty-noses.com/blog/easy-peasy-sock-puppets#_a5y_p=3804610
do "color sorting" using a muffin tin + fruit loops, M&Ms, jelly beans, etc.	https://modernpreschool.com/activity-muffin-tin-color-sorting/
set up a car wash with buckets, sponges/rags, and toy cars	https://www.pinterest.com/pin/815573813739427058/
build a fort	https://momluck.com/make-blanket-fort/
choose a theme (animals, food, nature, etc.) and make a collage from old magazines	https://www.pinterest.com/pin/511510470151953606/
hide something and draw a treasure map to find it	http://www.imom.com/10-treasure-hunt-clues-for-around-the-house/
make toilet paper roll stamps	https://www.pinterest.com/search/pins/?q=toilet%20paper%20roll%20stamps&rs=typed&term_meta[]=toilet%7Ctyped&term_meta[]=paper%7Ctyped&term_meta[]=roll%7Ctyped&term_meta[]=stamps%7Ctyped
read books	http://www.ala.org/alsc/publications-resources/book-lists/2017-summer-reading-list
Mad Libs	https://www.woojr.com/summer-mad-lib/
play "I Spy"	http://www.u-createcrafts.com/i-spy-games/
make cookies deliver them to a neighbor	http://sugarapron.com/2016/07/30/no-bake-chocolate-oatmeal-cookies/

wash the family car in swim suits	https://www.amazon.com/GBSTORE-Assorted-Cleaning-Polishing-Wear-resistant/dp/B01GZU4MNO/ref=sr_1_4?ie=UTF8&qid=1527208686&sr=8-4&keywords=car+wash+sponges
paint rocks and hide them in the neighborhood	https://www.pinterest.com/search/pins/?rs=ac&len=2&q=paint%20rocks%20ideas%20for%20kids&eq=paint%20rocks&etslf=3719&term_meta[]=paint%20rocks%20ideas%20for%20kids%7Cautocomplete%7Cundefined
look for shapes in the clouds	https://www.teacherspayteachers.com/Product/Cloud-Hunt-Bingo-FREEBIE-Perfect-Garden-Club-activity-664830
draw blind contour self portraits	https://www.artbarblog.com/blind-contour-drawings-kids/
write acrostic poems with kids' names	https://www.google.com/search?q=kids+name+acrostic+poems&source=lnms&tbm=isch&sa=X&ved=0ahUKewj44uaJ0Z_bAhUJHqwKHdpZAGAQ_AUICigB&biw=1357&bih=644
hoola-hoop (or balancing) contest	https://www.amazon.com/Classic-Hula-Hoop-Set-3/dp/B0052NQWFM/ref=sr_1_7?ie=UTF8&qid=1527209085&sr=8-7&keywords=hula+hoop+for+kids
move like an animal	https://www.pinterest.com/pin/210754457547609305/
3D salt art	http://athriftymom.com/3d-salt-painting-easy-crafts-for-kids/
baby wipe tie dye	https://www.icanteachmychild.com/easy-tie-dye-art-with-baby-wipes/
have a soap party (aka kids clean the floors)	https://gwens-nest.com/mopping-mania/
draw pictures	https://www.youtube.com/user/ArtforKidsHub
make a birdfeeder	https://thedecoratedcookie.com/2013/05/easy-cheerios-birdfeeders-with-printable-instructions/
build lego or block creations	http://www.freehomeschooldeals.com/free-lego-challenge-printable-stem-activities/
go on a summer photo hunt	https://www.moritzfinedesigns.com/summer-photo-scavenger-hunt/
make fruit faces for snack	https://www.ehow.com/how_12343888_animalshaped-fruit-snacks-ideas.html
make popsicles	http://naptimekitchen.com/summertime-popsicle-ideas/
donate some old toys	https://www.fingerpuppetpress.com/five-strategies-to-help-your-kids-declutter/
do a leaf-rub	http://mamapapabubba.com/2014/09/29/leaf-rubbing-collages/#_a5y_p=2704684

SUMMERTIME BOREDOM BUSTERS

watercolor ice painting	make play-doh	make a nature collage	have a dance party	write a letter	make an obstacle course	make sock puppets
color sort candy	do a toy car wash	build a fort	make magazine collages	hide an object & make a treasure map	make toilet paper roll stamps	read books
do Mad Libs	play "I Spy"	bake something & deliver to neighbor	wash the family car in swim suits	paint rocks & hide them in the neighborhood	look for shapes in the clouds	draw blind contour self-portraits
write acrostic poems with kids' names	hula hoop (or balancing) contest	move like an animal	3D salt art	baloo wipe tie-dye	have a soap party	draw pictures
make a birdfeeder	build lego or block creations	take summer photos	make fruit faces for snack	make popsicles	donate some old toys	do a leaf-rub

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ABOUT KINDRED MOM

Kindred Mom is a gracious online community dedicated to helping moms flourish in motherhood.

Visit www.kindredmom.com to find vulnerable, honest, and encouraging stories from many different moms and dig a little deeper into the monthly topics by listening to the Kindred Mom Podcast!

Each month, we focus on a different topic. Check out the following:

[Self-Care for Moms](#)

[Loving Well](#)

[Becoming a Resilient Mom](#)

[Intentionally Cultivating Your Family Culture](#)

[Cherishing Childhood](#)

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To feel a little less alone in your motherhood journey, join our [exclusive Facebook community](#) for moms or follow us on [Instagram](#).

*Special thanks to [Lindsey Cornett](#), [Lynne Patti](#), [Robin Chapman](#), [Jenni Van Winkle](#), and [Emily Sue Allen](#) for their contributions to this resource!